

SLIGHT EASING OF LOCKDOWN (Hayfield easing commences on Sunday 31st May 2020)

Nicola Sturgeon and the Scottish Government have announced a very slight easing of the lock down as you all know. However, she has stressed the importance of remaining very cautious, keeping to the infection prevention rules – still loads of handwashing and cleaning of surfaces, she has also reinforced that the 2-metre rule must be kept and she is asking us all to be sensible about how we do our easing. She also said that visits **MUST BE OUTDOORS – SO NO VISITS IN THE HOUSES.**

The following is what has been decided is **best and safe for Hayfield from Sunday 31st May 2020** and will be reviewed and revised depending on how these strict procedures work and taking note of further Scottish Government guidance.

FAMILY/OUTSIDE HAYFIELD CONTACTS VISITS

- Up to two family members may visit their relative – **but only in the garden.**
- Only one family of up to 2 persons may visit at any time.
- The first family visit will be **fully** supervised to ensure no loss of focus by service users in the excitement of a family member visiting (NO HUGGING OR ANY PHYSICAL TOUCH ALLOWED) and to ensure that social distancing is strictly applied at all times.
- All visits by family or outside contacts will be supervised sensitively by staff to ensure social distancing is observed.
- Hand sanitising gel and wipes will be available throughout visits for frequent use.
- Visits will be between **2-3pm only** as this time avoids core staff duties and tasks such as mealtimes, medication etc.
- Family visitors will not be allowed to go into the house – not even to use the bathroom.
- Staff will ensure there is safe garden seating at the proper distance.
- In all cases, both parties must be 2 metres apart at all times and be **wearing a visor at all times** to act as a reminder about social distancing and as a precaution.
- Government guidelines state that visitors should bring their own glasses, drinks and food and there should be no touching of each other's utensils. Family members must bring their own drinking cups, drinks and food and the service user will have their own cup, drink and food. No touching of the other's "items" allowed.
- Family members **MUST NOT** take service users out of the garden at this stage.
- Other service users at that location **CANNOT** be in the garden at the same time.
- Moving around the garden is discouraged at all times in case of breaking the social distancing rule of 2 metres.
- No visit will last for more than one hour and if social distancing is not being followed the visit will be stopped immediately.
- After the visit every surface must be cleaned/disinfected e.g. tables, chairs our own cups and utensils used and visitor(s) must remove their debris/utensils.

- Cowcaddens has no garden, as such, so visits would be at the communal bench outside on the grassy ground (which is not used by Hayfield's neighbours). Additional seats and a table would be provided for the visit, suitably socially distanced.

SERVICE USERS VISITING OTHER HAYFIELD HOUSES

- The same rules apply to service users visiting other service users at other residential locations as apply to family visits and **must be held outdoors**.
- Up to 2 service users of one house can visit another house - **GARDEN ONLY** and see up to 2 service users at a time. **EVERYONE INVOLVED MUST WEAR A VISOR**. All social distancing rules must be followed or the visit will be stopped.
- Service users visiting other service users at different locations must walk or go by individual taxi and during travel must wear masks and gloves.

SERVICE USERS SHOPPING AND GOING OUT EXCEPT FOR SMALL GROUP OR 1-1 WALKS AS AT PRESENT

- Some service users **may** go shopping **BUT ONLY 1-1 WITH STAFF**. A mask **MUST** be worn by both service user and staff at all times. Personal items such as biscuits, juice, toiletries up to £10 can be purchased using the residence Equals card. This will be paid back at a later date when banking is permitted for service users.
- **Some service users in the shielding category, over 70 category and with government listed underlying conditions category will not be able to shop until the government release further guidance. Suzanne will issue an updated COVID-19 RISK ASSESSMENT which will indicate that any service user with a risk score of 7 and over cannot go 1-1 shopping yet. Those in risk category 6 may need to be further discussed with Management. Please refer to UPDATED list and if in doubt refer to Managers/Director.**
- No service user to use public transport at this time.
- No service user to go to the bank at this time.
- Bike riding is only allowed for service users **if they go with staff at very quiet times and both wear masks** – in the future family members may be able to do this with their relative in a local park with masks but not at this time.

These are the Hayfield ease down procedures which must be followed until the next Government update in 3 weeks. The above rules must be followed for staff, service user and family safety. If anyone is in doubt about any aspect of these strict guidelines seek guidance from your Line Manager.

In all of this I ask you to note that Hayfield run Care Homes and Care At Home Services. Our households are not the same as a family home and our decisions are made after deliberation on that basis.

There is no update about day services resumption although planning is underway.

Judy Byrne/Suzanne Finnigan

Senior Team

29th May 2020